

我的中国之旅

2012年2月18日，我很荣幸地与一群来自四川省绵阳市及周边地市的新生儿科、普通儿科医护人员欢聚一堂，他们中有的来自偏远山区，在接到通知后，立刻启程经过两三个小时的长途跋涉来到绵阳市中心医院，参加我的学术讲座。他们对知识和技能的渴望以及对病人的承诺，深深地打动了我。作为新生儿/儿科转运部主任，我用两个小时为大家介绍了圣心儿童医院（Sacred Heart Children's Hospital）新生儿/儿科转运的情况、转运团队的建设以及在转运过程中全身降温项目，同时也介绍了我们成功实施的亚低温疗法。参加研讨会的代表们对亚低温疗法以及新生儿缺氧缺血性脑病（HIE）非常感兴趣，就此展开了热烈的讨论并提出了很多技术性的问题。新生儿缺氧缺血性脑病在中国农村地区的发病率是佛罗里达州沙科拉地区的三至四倍，但当地更需要成本更低且能有效改善病人状况的方式。我们使用的设备对他们来说太昂贵，但大家正寻求更经济的方式。

我们还参观了绵阳市中心医院新生儿重症监护室，共有58张床位，位于医院新建的19层高的住院大楼。他们也让我见到了他们的病人，我为他们提供治疗方面的建议。这次绵阳中心医院之访，我也学到了很多。他们真诚的接待让我心存感念，也很庆幸有这样的机会跟大家一起分享我们的经验。

My Journey into China

On February 18th, 2012, I had the pleasure of speaking to a room full of NICU Medical Directors, Pediatric Department Directors, Obstetrics Department Directors, Pediatric residents and Pediatric Nursing Directors and nursing staff from Central Hospital of Mianyang City and the five surrounding hospitals. These individuals came from as far away as two to three hours to hear me speak on short notice. I was humbled by their thirst for knowledge and commitment to their patients. As the Medical Director of Neonatal/Pediatric Transport, I spoke for two hours about Neonatal/Pediatric Transport in general, the Neonatal/Pediatric Transport Team here at Sacred Heart Children's Hospital and passive whole body cooling while on transport. There was great excitement and many questions about the whole body cooling program we are doing here at Sacred Heart Children's Hospital and the wonderful success we have had with Hypoxic Ischemic Encephalopathy (HIE). Hypoxic ischemic encephalopathy is three to four times more prevalent in rural China, if not more, compared to Pensacola, Florida and they are looking for low cost suggestions to improve the outcomes for their patients. The equipment we have is simply too expensive for them to buy, but we are looking to find less expensive solutions.

在此特别感谢绵阳市中心医院新生儿科余静主任的盛情款待。

We then toured their new 19-story hospital with a 58 bed Neonatal Intensive Care Unit. They presented patients to me and I made suggestions about therapies. I think I learned as much from them as they learned from me. Their gratitude and respect was very evident and it was such a pleasure to get to visit and I want to thank Dr. Yu Jing, the Pediatric Department Director at Central Hospital of Mianyang City, for being such a gracious host.





This was shortly after the conference. We took a group picture of many of the Directors and myself.



This was on the tour of the 58 bed NICU. We were standing in front of Level II.



Prior to the presentation, we had a wonderful lunch with many authentic Sichuan dishes.